

Whoosh Denham Court Term 2 2024 Snack Menu

Each afternoon a Seasonal fruit and vegetable platter (e.g. apples, oranges, bananas, pears, grapes, carrots, cucumbers, capsicum, green beans, snow peas, cherry tomatoes) is offered along with a snack. We serve water throughout the session.



Children may choose not to eat. After 5pm only fruit and vegetables are available.

Afternoon tea	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 29 th April	Staff Development Day HOLIDAY CARE	Vegetable Fried Rice Requested by Reyansh	Fruit Smoothies requested by Franco and Arnav T	Saos with spreads	Frozen Yoghurt requested by Lennox and Ray
Week 2 6 th May	Rice cakes with cheese and tomato Requested by Arnav	Steamed Rice with soy sauce Requested by Sienna	Wholemeal Rice cakes with carrots, cucumber sticks, snow peas and Hummus	Pizza requested by Mateo, Jayden, Manish and Josep	Mother day weekend Cheese, tomato and Lettuce sandwich with
Week 3 13 th May	Light Cruskits with Cheese and Tomato	Deconstructed Taco, Cheese, Corn, Lettuce, Tomato and Avocado	Marsala Noodles requested by Maya	Spring Rolls requested by Mia I	Pretzels with cubed cheeses and vegetable sticks requested by Xavier
Week 4 20 th May	Rice with Soy sauce and mixed vegetable sticks	Tuna and salad sandwiches or vegetarian salad sandwich Requested by	Biggest Morning Tea Scones with jam and cream requested by Alexis and Micky	Fruit Smoothies Requested by Franco and Ayesha	Cheese Toasties Requested by Emma
Week 5 27 th May	French bread sticks with French onion dip or Tzatziki Requested Steafan	Deconstructed Sushi with avocado, tuna, carrot and cucumber Requested by Leo, Veronica, Romeo and Joseph,	Tuna or Vegetable bake pasta	Warm baked beans with wholemeal toast Requested by Kariov	Saos with cheese and Tomato
Week 6 3 rd June	Multi Grain Ricecakes with vegemite or cheese slices	Cheese Toasties requested by Aiden	Wholegrain sandwiches children's choice, cheese, tuna, tomato or vegemite	Pasta with napolitana sauce and lite cheese Requested by Eva and Noah	Yoghurt with mixed berries Requested by Judah
Week 7 10 th June	Queens Birthday CLOSED	Wholemeal crackers with tomato salsa, cucumber and carrot sticks	Turkish bread Pizza subs requested by Calvin, Jacob, Ananias and Sai	Wholegrain sandwiches, cheese, avocado, tomato or vegemite	Pumpkin soup requested by Parker
Week 8 17 th June	Garlic bread requested by Mikayla and Daniel	National Sushi Day Deconstructed Sushi with avocado, tuna, carrot and cucumber requested by Naomi	Pasta with red sauce Requested by Hanna	Multi Grain Rice cakes with vegemite or lite cheese slices	Vegetarian quesadilla
Week 9 24 th June	Wholegrain sandwiches with cheese, tuna, tomato or vegemite	Dhal with Brown rice	Wholemeal Wraps with lite cream cheese and salad	Spring Rolls Requested by Veronica	Cruskits with spreads
Week 10 1 st July	Spinach and Ricotta whole grain Quesadillas	Wholemeal Flat bread, avocado, tomato with celery and carrot sticks	Pretzels with cheese cubes requested by Xavier	Sweet Corn cup with margarine Requested by Aden	Cereal selection and popcorn snack requested by Advait

Whoosh Care is an allergy aware service.