

Whoosh Care Term 2 2024 Menu

Each afternoon a Seasonal fruit and vegetable platter (e.g. apples, oranges, bananas, pears, grapes, carrots, cucumbers, capsicum, green beans, snow peas, cherry tomatoes) is offered along with a snack. We serve water throughout the session.



Children may choose not to eat or may request an alternative such as a sandwich. After 5pm only fruit and vegetables are available.

Afternoon tea	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 29th April	Staff Development Day	Wholemeal Sandwiches with lite cheese and/or Vegemite	Saos with lite Cheese or Vegemite	Tomato Pasta served with a choice of lite shredded cheese - Keshav.	Zucchini and Corn Fritters
Week 2 6th May	Garlic Bread and Veggie Sticks - Julianna	Potato Gems with vegetable sticks Vienna	Pumpkin Soup	Wholemeal Turkish Bread Pizza with assorted toppings - Emma	Banana Bread - Josh
Week 3 13th May	Vegetarian oven baked Spring Rolls – Hunter	Tomato pasta served with a choice of lite shredded cheese - Jake	Saos with lite Cheese or Vegemite	Potato Gems with vegetable sticks - Vienna	Raisin Bread with Nuttalex
Week 4 20th May	Fish Fingers and Vegetable Sticks - Andrew	Wholemeal Sandwiches with lite cheese and/or Vegemite	Wholemeal Turkish Bread Pizza with assorted toppings - Emma	Garlic Bread and Veggie Sticks	Zucchini and Corn Fritters
Week 5 27th May	Saos with lite Cheese or Vegemite	Pumpkin Soup	Turkish Bread Pizza with assorted toppings - Emma	Wholemeal Sandwiches with lite cheese and/or Vegemite	Raisin Bread with Nuttalex
Week 6 3rd June	Raisin Bread with Nuttalex	Wholemeal Turkish Bread Pizza with assorted toppings - Emma	Vegetarian oven baked Spring Rolls	Garlic Bread and Veggie Sticks - Julianna	Saos with lite Cheese or Vegemite
Week 7 10th June	Public Holiday	Potato Gems with vegetable sticks - Vienna	Saos with lite Cheese or Vegemite	Fish Fingers and Vegetable Sticks - Andrew	Banana Bread - Josh
Week 8 17th June	National Vegemite Day - Vegemite Scrolls	Garlic Bread and Veggie Sticks - Julianna	Pumpkin Soup	Vegetarian oven baked Spring Rolls – Hunter	Zucchini and Corn Fritters
Week 9 24th June	Wholemeal Sandwiches with lite cheese and/or Vegemite	Saos with lite Cheese or Vegemite	Tomato pasta served with a choice of lite shredded cheese - Jake	Fish Fingers and Vegetable Sticks - Andrew	Garlic Bread and Veggie Sticks - Julianna
Week 10 1st July	Turkish Bread Pizza with assorted toppings - Emma	Pumpkin Soup	Vegetarian oven baked Spring Rolls – Hunter	BBQ Hot Dogs with vegetarian options available	Left Over Pantry Day

Whoosh Care is an allergy aware service