

Whoosh Care Term 2 2024 Menu

Each afternoon a Seasonal fruit and vegetable platter (e.g. apples, oranges, bananas, pears, grapes, carrots, cucumbers, capsicum, green beans, snow peas, cherry tomatoes) is offered along with a snack. We serve water throughout the session.



Children may choose not to eat or may request an alternative such as a sandwich. After 5pm only fruit and vegetables are available.

Afternoon tea	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 29th April	Staff Development Day	Popcorn cups and lite cheese cubes - Ryan	Mi Goreng with the option of chilli sauce – Mason, Emmanuel, Jelilah	Fruit Salad and Yoghurt	Pizza scrolls with spinach and lite cheese – Ayman
Week 2 6th May	Fattoush salad with roasted pita bread - Aminah	Bread sticks with dip and cheese cubes - Ryan	Garlic bread – Jelilah, Dom	Homemade choc-chip cookies with fruit sticks	Warm Milo with light milk and crackers with veggie sticks
Week 3 13th May	Pizza sub made on Turkish bread with pineapple, spinach and lite cheese	Warm Sweet Corn or Veggie Cups lightly Seasoned.	Deconstructed sushi cucumber, tuna, jasmine rice and soy sauce - Aminah	Multigrain Rice Cakes with Cucumber, Tomato or Vegemite	Sultana's Dried Apricots, Lite Cheese, Cucumber and Carrot Sticks with Wholemeal Crackers
Week 4 20th May	Fried Rice with light soy, peas, corn and carrot - Viraaj	Vegetarian Nachos with lite cheese and salsa	Chicken noodles with peas and corn – Zac	Warm milo with lite milk and a fruit platter and crackers	Cheese and tomato toasties
Week 5 27th May	Popcorn cups and lite cheese cubes	Macaroni and cheese - Mariam	Bread sticks with Dips and Veggie Platter	Pizza sub made on Turkish bread with pineapple, spinach and lite cheese	Oven baked spring rolls
Week 6 3rd June	Vanilla Custard with fresh strawberries	Multigrain Rice Cakes With Cucumber, Tomato Or Vegemite	Fattoush salad with roasted pita bread	Warm milo with lite milk and a fruit platter	Chicken soup with peas and corn
Week 7 10th June	Public Holiday	Mi Goreng with the option of chilli sauce	Pizza sub made on Turkish bread with pineapple, spinach and lite cheese	Fruit Salad and Yoghurt	Fairy bread on wholemeal- Zyla
Week 8 17th June	Chicken noodles with peas and corn	Butter chicken and brown rice -Mariam	Spinach and feta quiches with veggie sticks	Sultana's Dried Apricots, Lite Cheese, Cucumber and Carrot Sticks with Wholemeal Crackers	Deconstructed sushi cucumber, tuna, jasmine rice and soy sauce
Week 9 24th June	Cheese and tomato toasties - Mason	Pretzels with Lite cubed Cheese and Carrot sticks	Pasta with Napoletana sauce and parmesan cheese	Bread sticks with Dips and Veggie Platter	Pizza scrolls with spinach and lite cheese
Week 10 1st July	Multigrain Rice Cakes With Cucumber, Tomato Or Vegemite	Raisin Bread with melted butter	Fattoush salad with roasted pita bread	Warm Milo with lite milk, crackers and fruit platter	Macaroni and cheese

Whoosh Care is an allergy aware service