

Whoosh Care Term 2 2024 Menu

Each afternoon a Seasonal fruit and vegetable platter (e.g. apples, oranges, bananas, pears, grapes, carrots, cucumbers, capsicum, green beans, snow peas, cherry tomatoes) is offered along with a snack. We serve water throughout the session.



Children may choose not to eat or may request an alternative such as a sandwich. After 5pm only fruit and vegetables are available.

Afternoon tea	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 29 th April	George's Cruskits with Nuttalex and/or Vegemite	Christian's English Muffin Pizzas with lite cheese & ham	Archie's Popcorn with seasonal fruit	Wholegrain wraps served with ham, lite cheese, grated carrot & tomato	Anzac Cookies with Lite milk
Week 2 6 th May	Lucy's Chicken Noodles with corn	Marley's Vegetarian Nachos with Salsa & lite cheese	Bradley's Yoghurt & frozen berries	George's Wholegrain cereal with lite milk.	Daniel's oven baked Chicken Nuggets
Week 3 13 th May	Maddie's Pasta with Neopolitan sauce and lite cheese	Emilie's Beef or Vegetarian Sausage rolls with tomato sauce.	Gracie's Cruskits with lite cheese and spreads.	Sam's lite Cheese & ham rolls	Ellie's apple pie and custard
Week 4 20 th May	Sophie's Rice Cakes with spreads.	Abbie and Sam's Pikelets served with Nuttalex	Sophia's Rice served with lite soy sauce.	Maeve's Chicken Noodles with mixed vegetables.	Emma's Banana bread
Week 5 27 th May	Wholemeal Rice crackers with vegetables sticks and dips.	Asher's Sandwiches with vegemite &/or lite cheese	Joyce's Saos served with tomato & Lite cheese	Ellie's English Muffin Lite cheese Pizzas.	Violet's Croissants with Nuttalex
Week 6 3 rd June	Pretzels served with lite cheese cubes & vegetable sticks	Harry's chicken or vegetarian noodles with corn.	Emma's Popcorn served with winter fruits.	Harvey's Deconstructed Sushi	Liesa's hot lite cheese rolls
Week 7 10 th June	Public Holiday	Nate Dog's Cruskits with spreads	Josh's custard with berries.	Maddie's Pasta with Neopolitan sauce & lite cheese	Daniel's fish fingers.
Week 8 17 th June	Rice cups served with lite soy sauce.	Mila's Hard-shell taco's with salsa, beans guacamole & grated lite cheese	George's Wholegrain cereal with Lite milk.	Joye's Saos served with lite cheese.	Raisin bread with Nuttalex
Week 9 24 th June	Joyce's Sao's with Nuttalex & Vegemite.	French bread and vegetable sticks served with dips.	Bradley's Vanilla or Strawberry Yoghurt served with oats.	Alice's Lite Cheese Toasties	Pikelets served with Nuttalex
Week 10 1 st July	Josh's custard and berries or pears.	Ava's Potato Gems with tomato sauce	Wholegrain wraps served with ham, lite cheese, grated carrot & tomato	Sophia's rice cups served with sweet soy sauce.	Left-over Pantry Specials

Whoosh Care is an allergy aware service